Island Harbor
Mentor Meeting

Dr. Rachel Kirk – Anchor Coordinator
Island Harbor – A Refresher

锚 Students at least 18 years old who aged out of the Foster Care System

锚 Students are TAMU-CC students

锚 Living in Islander Housing with meal plans
Attributes of Island Harbor Students

- AMAZING!
- Resilient
- Smart
- Compassionate
- Young Adult College Student
Trauma Informed Care

- It will take awhile to build trust
- Be consistent and stable
- Follow through on your promises
- Expect disproportional emotional reactions
- Remember, YOU are the role model
- Have realistic expectations, boundaries, and compassion
Boundaries For Island Harbor Mentors

- No overnight visits
- No giving money or gifts other than normalcy gifts (Birthday, Christmas, Graduation, paying for coffee, etc.)
- Contact the Foster Care Liaison if you have concerns
- **NO** alcohol or drugs with students
Expectations of Island Harbor Mentors

- Communicate with the Foster Care Liaison via email and meetings
- Attend group functions with students
- Reach out to your student at least 1x per week – be persistent
- Invite your student to events, meals, coffee, take a walk with you, etc.
- If issues arise, model healthy ways to resolve conflict with the student. Reach out to the Foster Care Liaison if needed
- Most meetings and events are designed to be adult only; you will need to have a plan for childcare or plan to watch your own children at event
Webpage

There is a Community Mentor Webpage with research articles, event information, pictures, etc. Check it out!

https://ucoll.tamucc.edu/Anchor%20Team/island-harbor/community-mentor.html
Reflection on Last Semester
Questions?