Texas A&M University- Corpus Christi (TAMU-CC) respects the student’s rights to:

- Plan and manage work, school, social, and personal schedules
- Access community resources to meet personal needs
- Manage finances and open bank accounts
- Choose to participate in activities offered at TAMU-CC
- Provide input into services offered by the Island Harbor program
- Receive assistance with meeting Transition/Service Plan goals
- Withdraw from TAMU-CC, SIL or request an SIL placement change
Year-round housing in fully-furnished apartments or townhomes.

Assistance with move-in/household supplies

Meal plans that can be used at the dining hall and on-campus restaurants

Money to go towards the cost of a cell phone and incidentals each month

Case management services

Academic and life skills development opportunities

Connection to on-campus resources such as financial aid, health services center, counseling etc.

Mentoring and permanent connections to caring adults

Connection to the Corpus Christi community and local businesses through partnership programs
Students must want to be here and be willing to take an active part in their education

Students must be prepared to function in an independent adult learning environment

Students must enroll in a minimum of 6 college credit hours

Students must identify and accomplish educational goals

Students must check in each week with an Anchor staff member
Students will learn to manage their own finances

Students will attend weekly Islander Navigation group meetings

Students will be open to participating in the Island Harbor Community Mentor program

Students will adhere to the Island Harbor Terms and Conditions

Students will transition to unsupervised independent living
The purpose of Islander Navigation is to help students develop practical life skills that are necessary to thrive as a student at TAMU-CC and to succeed in the workplace after graduation. Participants in Islander Navigation will meet weekly throughout the student’s first year at TAMU-CC. The student is expected to build their class schedule around the time that is required to meet for Islander Navigation Program. Islander Navigation is designed as two types of sessions: topic-based sessions and support group sessions. Every session is expected to last 50 minutes. Both components of the Islander Navigation Program are required for Island Harbor. The topic-based sessions have the following goals:

• Learning to effectively integrate into the TAMU-CC community academically, socially, emotionally, and mentally.

• Learning practical skills to live independently and work and study habits.

• Learning healthy relationship habits, including interpersonal communication skills, conflict resolution skills, using community resources, and establishing permanent relationships with caring adults.

• Learning how to effectively plan for the future by goal setting and forming a personal identity.
The support group sessions have the following goals:

• Building a group dynamic that allows the student to safely discuss and support other students regarding topics related to transitioning out of foster care and into Supervised Independent Living.

• Discussing content and encouraging participants' peers based on the struggles from individual students' recent life events.

• Learning to address personal and interpersonal issues as they arise with healthy coping skills.

• Connecting the student to individualized resources pertaining to their individual needs.
COMMUNITY MENTOR

Each Island Harbor student is paired with a local family who has volunteered to become a community mentor.

Community mentors:

- Complete an application
- Have a background check
- Are provided a brief overview training on working with youth who have experienced trauma
- Are provided a brief overview training on Island Harbor
- Must meet mentor expectations
COMMUNITY MENTOR

Expectations of Community Mentors:

- Reach out to the student at least 1x per week – be persistent
- Attend group functions with students
- Invite the student to events, meals, coffee, take a walk, etc.
- If issues arise, model healthy ways to resolve conflict with the student. Contact the Foster Care Liaison if there are ongoing concerns
- Most meetings and events are designed to be adult only; plan for childcare
- No overnight visits
- No giving money or gifts other than normalcy gifts (giving is a CHOICE)
- NO alcohol or drugs with students